

*Assignment due dates in orange font.
* Dynamic Study Modules (DSM) in Mastering Nutrition (MN) in blue font.
*Exam availability dates in red font.

Online Class Schedule: HECO 1322-71 Summer II 2023

July:

Tues. 11th – Sun.-16th

- Class Available to Students (7/11 @ 8am)
- **Quiz over syllabus available through 7/18/23 @ 8:00 am (extra credit opportunity)**
- **PRE-TEST available through 7/18/23 @ 8:00 am (extra credit opportunity)**

Module 1:

- Chapter 1: Overview of Nutrition & Health
 - ~ DSM (Ch. 1 What Is Nutrition?) available in MN
 - ~ DSM (Ch. 2 Tools for Healthy Eating) available in MN
- Chapter 3: Carbohydrates
 - ~ DSM (Ch. 4 Carbohydrates...) available in MN

Mon.-17th – Sun.-23rd

- Chapter 4: Lipids
 - ~ DSM (Ch. 5 Fats-Oils-Other Lipids) available in MN
- Chapter 5: Protein
 - ~ DSM (Ch. 6 Proteins & Amino Acids) available in MN

Thurs.-20th

- **Final day to drop or withdraw without academic penalty**

Mon.-24th

- **Assignment #1 due by 8:00 am**

Mon.-24th

- **All Module 1 DSM completed in MN by 8:00 am**

Mon.-24th – Thurs.-27th
(8:00 am – 8:00 am)

- **EXAM #1 (Module 1: Chapters 1 & 3-5) Available**

Mon.-24th – Sun.-30th

Module 2:

- Chapter 2: Digestion & Absorption
 - ~ DSM (Ch. 3 The Basics of Digestion) available in MN
- Chapter 6: Metabolism, Energy Balance, & Body Composition
 - ~ DSM (Ch. 10 Weight Management & Energy Balance) available
- Chapter 7: Weight Management
- Chapter 8: The Vitamins
 - ~ DSM (Ch. 7 Vitamins) available in MN

Mon.-31st

- **Assignment #2 due by 8:00 am**

Mon.-31st

- **All Module 2 DSM completed in MN by 8:00 am**

Mon.-31st – Thurs.-Aug. 3rd
(8:00 am – 8:00 am)

- **EXAM #2 (Module 2: Chapters 2 & 6-8) Available**

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August:

Mon.-July 31st – Sun.-6th

Module 3:

- Chapter 9: Water & the Minerals
~ DSM (*Ch. 8 Minerals and Water*) available in MN
- Chapter 11: Nutrition through the Life Span:
Pregnancy & Lactation
~ DSM (*Ch. 14 Life Cycle Nutrition: Pregnancy...*) available
- Chapter 12: Nutrition through the Life Span:
Infancy, Childhood, & Adolescence
- Chapter 13: Nutrition through the Life Span: Later Adulthood
~ DSM (*Ch. 15: Life Cycle Nutrition: Toddlers...*) available in MN

Mon.-7th

- ***Final day to drop or withdraw***

Mon.-7th

- **Assignment #3 due by 8:00 am**

Mon.-7th

- **All Module 3 DSM completed in MN by 8:00 am**

- **Extra Credit Assignment due by 8:00 am**

**Mon.-7th – Thurs.-10th
(8:00 am – 8:00 am)**

- **EXAM #3 (Module 3: Chapters 9 & 11-13) Available**

Mon.-7th – Sun.-13th

Module 4:

- Chapter 14: Illness & Nutrition Care
- Chapter 15: Medications, Diet-Drug Interactions,
& Herbal Products
- Chapter 16: Specialized Nutrition Support: Enteral
& Parenteral Nutrition
- Chapter 17: Foods & Food Consistency for Upper GI Disorders
- Chapter 18: Fiber-Modified Diets for Lower Gastrointestinal
Tract Disorders
- Chapter 21: Carbohydrate-Controlled Diets for Diabetes Mellitus

****Fri.-11th – Mon.-14th
(8:00 am – 8:00 am)**

- **FINAL EXAM (Module 4: Chapters 14-18 & 21) Available**

****Mon.-14th**

- **Assignment #4-Major Assignment:
Case Study/Nutrition Assessment due by 8:00 am**

****Please note the due date for the final assignment as well as the
availability dates for the FINAL exam. ****

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***COURSE EVALUATION:**

Major Exams (4) (100 points each)	400 points total
Assignments (3) (40 points each)	120 points total
Dynamic Study Modules (DSM)	20 points total
<u>Major Assignment</u>	<u>60 points total</u>

Total Points

600 points

537-600 = A (89.5+)

477-536 = B (79.5+)

417-476 = C (69.5+)

357-416 = D (59.5+)

< 356 = F