

\*Assignment due dates in orange font.

\*Exam availability dates in red font.

**Online Class Schedule: HECO 1322-71  
Summer I 2022**

**June:**

Mon.-6<sup>th</sup> – Sun.-12<sup>th</sup>

- Class Available to Students (6/6 @ 8am)
- **Quiz over syllabus available through 6/13/22 @ 8:00 am (extra credit opportunity)**
- **PRE-TEST available through 6/13/22 @ 8:00 am (extra credit opportunity)**

**Module 1:**

- *Chapter 1:* Overview of Nutrition & Health
- *Chapter 3:* Carbohydrates
- *Chapter 4:* Lipids
- *Chapter 5:* Protein

Mon.-13<sup>th</sup>

- **Assignment #1 due by 8:00 am**

Mon.-13<sup>th</sup> – Thurs.-16<sup>th</sup>  
(8:00 am – 8:00 am)

- **EXAM #1 (Module 1: Chapters 1 & 3-5) Available**

Mon.-13<sup>th</sup> – Sun.-19<sup>th</sup>

**Module 2:**

- *Chapter 2:* Digestion & Absorption
- *Chapter 6:* Metabolism, Energy Balance, & Body Composition
  - *Chapter 6 Nutrition in Practice:* Eating Disorders
- *Chapter 7:* Weight Management
- *Chapter 8:* The Vitamins

Wed.-15<sup>th</sup>

- **Final day to drop or withdraw without academic penalty**

Mon.-20<sup>th</sup>

- **Assignment #2 due by 8:00 am**

Mon.-20<sup>th</sup> – Thurs.-23<sup>rd</sup>  
(8:00 am – 8:00 am)

- **EXAM #2 (Module 2: Chapters 2 & 6-8) Available**

Mon.-20<sup>th</sup> – Sun.-26<sup>th</sup>

**Module 3:**

- *Chapter 9:* Water & the Minerals
- *Chapter 11:* Nutrition through the Life Span: Pregnancy & Lactation
- *Chapter 12:* Nutrition through the Life Span: Infancy, Childhood, & Adolescence
- *Chapter 13:* Nutrition through the Life Span: Later Adulthood

\*Assignment due dates in orange font.

\*Exam availability dates in red font.

**June (cont.):**

Mon.-27<sup>th</sup>

- Assignment #3 due by 8:00 am

Mon.-27<sup>th</sup> – Thurs.-30<sup>th</sup>  
(8:00 am – 8:00 am)

- EXAM #3 (Module 3: Chapters 9 & 11-13) Available

Mon.-27<sup>th</sup> – Sun.-July 3<sup>rd</sup>

**Module 4:**

- Chapter 14: Illness & Nutrition Care
- Chapter 15: Medications, Diet-Drug Interactions, & Herbal Products
- Chapter 16: Specialized Nutrition Support: Enteral & Parenteral Nutrition

**July:**

Fri.-1<sup>st</sup>

- Final day to drop or withdraw

Tues.-5<sup>th</sup>

- Extra Credit Assignment due by 8:00 am

Tues.-5<sup>th</sup> – Sun.-10<sup>th</sup>

- Chapter 17: Foods & Food Consistency for Upper GI Disorders
- Chapter 18: Fiber-Modified Diets for Lower Gastrointestinal Tract Disorders
- Chapter 21: Carbohydrate-Controlled Diets for Diabetes Mellitus

\*\*Thurs.-7<sup>th</sup> – Mon.-11<sup>th</sup>  
(8:00 am – 8:00 am)

- FINAL EXAM (Module 4: Chapters 14-18 & 21) Available

\*\*Mon.-11<sup>th</sup>

- Assignment #4-Major Assignment:  
Case Study/Nutrition Assessment due by 8:00 am

**\*\*Please note the due date for the final assignment as well as the availability dates for the FINAL exam. \*\***

**\*COURSE EVALUATION:**

Major Exams (4) (100 points each)	400 points total
Assignments (3) (40 points each)	120 points total
<u>Major Assignment</u>	<u>80 points total</u>

**Total Points 600 points**

537-600 = A (89.5+)  
477-536 = B (79.5+)  
417-476 = C (69.5+)  
357-416 = D (59.5+)  
< 356 = F