| Week | Class<br>Meeting | Format and Topics   | Assignment / Discussion<br>Board for week   | Learning Objectives   |
|------|------------------|---|---|---|
|      | Date<br>19-Jan   | Live Zoom Intro Topic: What does it mean to   | Review information, syllabus, objectives etc  | Introduction to Professional Counseling   |
| 01   |                  | be a Professional SUD Counselor? Course Introduction Components of Blackboard; Student Resources  |   |   |
|      |                  | Objectives and Expectations   |   |   |
| 2    | 26-Jan           | Live Zoom Lecture Topic: Basic Components of Treatment Process Intro to DSM V; Tx 448 Regs, ASAM, KSA's Choosing A level of Care for Client | Assignment: Case<br>Studies for choosing<br>appropriate level of care                                       | Identify the main components of treatment process.  Identify the DSM V, Texas guidelines, and National ASAM criteria as applicable to the treatment process |
| 3    | 2-Feb            | Online Topic:  1. What are the KSA's?  2. Basics of Counseling Skills & Theories  | Discussion Board KSA  Assignment: Reading assignment on KSA's and Basic Counseling Theories                 | Identify the 12 core functions of substance abuse counseling  |
| 4    | 02/09            | Live Zoom Lecture Topic: Review of Basic Counseling Theories /Communication Skills  | Discussion Board – Brief<br>Therapy for Addiction<br>Videos (7)   | Identify and be familiar with counseling skills and theories  |
| 5    | 02/16            | Quiz – Material covered<br>weeks 1-4  |   | Use a computer to access the Internet and locate substance abuse regulatory agency web site   |
| 6    | 02/23            | Topic: Introduction to Documentation  | Assignment; Reading of information in Blackboard on Documentation   | Understand appropriate clinical documentation at various levels of treatment process  |
| 7    | 03/02            | Topic: Ethics & Confidentiality   | Reading assignment and Discussion Board assignments  Ethics Power Point and LCDC Ethics website             | Know and elaborate on the professional code of ethics, how this code relates to substance abuse counselors and their clients                                |
| 8    | 03/09            | Live Zoom Lecture; Documentation Q&A, Ethics Review and Introduction to Professional associations and continued learning in field           | NA  | Know and elaborate on the professional code of ethics, how this code relates to substance abuse counselors and their clients                                |
|      | 03/16            | Spring Break  | NA  |   |
| 9    | 03/23            | Quiz –Documentation, Ethics,<br>Professional Associations   | Online Discussion Boards -<br>How to find trainings and<br>certificates and specialties<br>and associations |   |
| 10   | 03/30            | Live Zoom Lecture; How to be great Counselor by using Case management and Resources   | Assignment: Using local agency resources, using internet to locate resources; professional                  | Describe a variety of helping strategies to the client's stage of dependence, change, or recovery   |

|    |       |  | communication with referral sources  |   |
|----|-------|--|--|---|
| 11 | 04/06 | Topic: Basic Theories and<br>Services in SUD Counseling<br>and Treatment | Videos and Discussion<br>Board Counseling Theories<br>and Skills                                 |   |
| 12 | 04/13 | Online Discussion Boards –<br>Case Studies                               | Case Studies Identifying diagnosis, placement of level of care, theories, case management needs, |   |
| 13 | 04/27 | Topic: Crisis Intervention   | Reading material in<br>Blackboard  | Understand and apply setting-specific policies and procedures for handling crisis or dangerous situation, including safety measures for clients and staff |
| 14 | 05/04 | <b>Live Zoom Lecture</b> – Review for Final                              |  |   |
| 15 | 05/11 | Final Exam   |  |   |