LAMAR STATE COLLEGE SPRING 2020 -

DAAC 2307 W-THUR 6-9PM

Larry Gist SPRING 2020 Course Syllabus

Instructor: Mr. Robert White E-Mail: whiterl@lamarpa.edu Office Hours: by appointment

Course Description and Objective:

The objective of this course is to provide undergraduate students with an overview of addictive behaviors and give students a feel for what it is really like to work as a substance abuse counselor. Attention is given to the history, theory, conceptualization of addictive behavior, and the roles the counselor plays in the in treatment of substance abuse.

Text:

Intro to Addictive Behaviors



Dennis L. Thombs and Cynthia J. Osborn

Publisher: The Guilford Press

Copyright: 2013 Format: Paper; 418 pp

<u>ISBN-13:</u>	978-1-4625-1068-9	

Course Requirements:

Students are expected to (1) attend every class: (2) read all assigned materials by all the dates listed in the syllabus: (3) engage in thoughtful discussion of course materials: (4) complete all exams on dates listed in the syllabus; (5) participate in outside class assignments; (6) meet all other expectations in the syllabus as delineated by the instructor.

Grading:

2 exams @ 100 points max. each

1 outside class assignment @ 100 points max.

300 Course Points

A = 90% - 100% (260 - 300 pts)

B = 80% - 89% (220 - 256 pts)

 $C=70\% - 79\% \quad (180 - 216 \text{ pts})$

D=60% - 69% (140 - 176 pts)

F= Below 100 Points

Outside Class Assignments:

Each student will have the opportunity to participate in an outside class assignment related to an in class discussion topic. The outside class assignment will be worth 100 points.

Attendance:

It is essential to attend all classes to do well in this course. Students having excessive absences (excessive tardiness, more than two, will be counted as an absence), as determined by me, will be dropped from class. Additionally, leaving early without prior approval will be counted as an absence. Class attendance and class participation will determine grade in borderline situations.

Cheating and Plagiarism:

Students are specifically warned against all forms of cheating and plagiarism.

Any Student found guilty or dishonesty in any phase of academic work will be subject to disciplinary action. Punishable offenses include, but are not limited to, cheating on an examination or academic work which is to be submitted, plagiarism, collusion, and the abuse of resource materials.

Tentative Course Outline:

Week 1 (Jan 22, 2020- Jan 23, 2020) Introduction to the course

1. Conceptualization of Addictive Behavior and the Need for Informal Practice.

Week 2 (Jan 29, 2020- Jan 30, 2020)

Week 3 (Feb 6, 2020-Feb 7, 2020)

What is a Theory?

Attributes of a Good Theory.

Theory as a Road Map.

Concepts of Addiction in US History.

The Three Broad Perspectives on the Nature of Addiction..

Week 4 (Feb 12, 2020 - Feb 13, 2020) Review of Exam / Exam

Week 5 (Feb 19, 2020 – Feb 20, 2020) The Disease Models and <u>Out of Class Assignment</u> (Lifestyle Balance Exercise)

Week 6 (Feb. 26, 2020 – Feb 27, 2020)

2.The Disease Models

Tolerance and Withdrawals

Genetic Origins of Addiction

Exam

Week 7 (Mar 04, 2020 – Mar 05, 2020)

3. Effects of Drugs on Brain Structure and Function

The Exposure Model

Historical Disease Concepts

Week 8 (Mar 11, 2020 – Mar 12, 2020)

TEST REVIEW/ FINAL EXAM)