

DAAC 1317 Basic Counseling Skills
Course Schedule and Assignments

	Format	Required Readings by Chapter	Coursework and Exam Due Dates
Week 1	In Person	Introductions, Syllabus, Course Outline, Blackboard Overview Reading Assignment - Chapter 1	Watch Recorded Videos
Week 2	In Person	Chapter 1 The Substance Abuse Counselor What Does A Counselor Actually DO?	Speaker Discussion Board Compare your best teacher's skills to a good counselor skills
Week 3	OL	Introduction to Concepts of Basic Counseling Skills https://youtu.be/IJXsf-cx8V8	Recorded Videos Watch Basic Counseling Skills Video
Week 4	OL	Basic Skills Lecture Chapter 1&2	Discussion Board What four counseling skills you see as important and why?
Week 5	OL	Diagnosis of Substance Use Disorder Chapter 2	Diagnosis Handouts How to address Diagnosis in Counseling Sessions
Week 6	In Person	Motivational Interviewing and Stages of Change https://youtu.be/1fYPPbSWIbl	In Class Lecture Watch Stages of Change Video Discussion Board
Week 7	OL	Motivational Interviewing	Recorded Videos Watch Motivational Interviewing Video
Week 8	In Person	Motivational Interviewing Continued; How to use Tools of Motivational Interviewing https://youtu.be/s3MCJZ7OGRk	MI - Prompts, Scripts, Rulers
Week 9	Mid Term	Chapters 1&2 & Motivational Interviewing	MIDTERM EXAM
Week 10	OL	Reading Assignment: Chapter 3	Read Chapter 3: Some Basic Principles of Substance Abuse Counseling
Week 11	OL	Applying Basic Principles of Substance Abuse Counseling Chapter 4	Read Chapter 4: Applying the Principles of BSGS to prepare for a client session

Week 12	In Person	Skills Review and Mock sessions	Mock Session in Class Practice Interview with Counselor due
Week 13	OL	Counseling Skills Videos	Counseling Session videos
Week 14		Thanksgiving Break	Thanksgiving Break
Week 15	Final Exams	Final Review	Final Review
Week 16		Final Exam will open Sunday 12/4	