

DAAC 1317 Basic Counseling Skills
 Fall 2022 Course Schedule and Assignments

	Date	Format	Required Readings by Chapter	Coursework and Exam Due Dates
Week 1	8/25	In Person	Introductions, Syllabus, Course Outline, Blackboard Overview Reading Assignment - Chapter 1	Watch Recorded Videos
Week 2	9/1	In Person	Chapter 1 The Substance Abuse Counselor What Does A Counselor Actually DO?	Speaker Discussion Board Compare your best teacher's skills to a good counselor skills
Week 3	9/8	OL	Introduction to Concepts of Basic Counseling Skills https://youtu.be/IJXSf-cx8V8	Recorded Videos Watch Basic Counseling Skills Video
Week 4	9/15	OL	Basic Skills Lecture Chapter 1&2	Discussion Board What four counseling skills you see as important and why?
Week 5	9/22	OL	Diagnosis of Substance Use Disorder Chapter 2	Diagnosis Handouts How to address Diagnosis in Counseling Sessions
Week 6	9/29	In Person	Motivational Interviewing and Stages of Change https://youtu.be/1fYPPbSWIbl	In Class Lecture Watch Stages of Change Video Discussion Board
Week 7	10/6	OL	Motivational Interviewing	Recorded Videos Watch Motivational Interviewing Video
Week 8	10/13	In Person	Motivational Interviewing Continued; How to use Tools of Motivational Interviewing https://youtu.be/s3MCJZ7OGRk	MI - Prompts, Scripts, Rulers
Week 9	10/20	Mid Term	Chapters 1&2 & Motivational Interviewing	MIDTERM EXAM
Week 10	10/27	OL	Reading Assignment: Chapter 3	Read Chapter 3: Some Basic Principles of Substance Abuse Counseling
Week 11	11/3	OL	Applying Basic Principles of Substance Abuse Counseling Chapter 4	Read Chapter 4: Applying the Principles of BSGS to prepare for a client session

Week 12	11/10	In Person	Skills Review and Mock sessions	Mock Session in Class Practice Interview with Counselor due
Week 13	11/17	OL	Counseling Skills Videos	Counseling Session videos
Week 14	11/24		Thanksgiving Break	Thanksgiving Break
Week 15	12/1	Final Exams	Final Review	Final Review
Week 16	12/4-12/5		Final Exam will open Sunday 12/4	