

*Assignment due dates in orange font.

* Dynamic Study Modules (DSM) in Mastering Nutrition (MN) in blue font.

*Exam availability dates in red font.

BIOL-1322 Class Schedule: Spring 2026		
Dates:	Lessons:	
Jan 20 th -May 14 th	Class Available to Students	
Mar 10 th -Mar 13 th , April 13 th	No Class Dates (Student Holidays)	
Feb 4 th	Census Date	
Feb 23 rd	Final day to drop without penalty.	
April 17 th	Final day to drop with penalty.	
Jan 20th- Jan 25th	Welcome Folder	
Complete by Jan 25 th	Read Syllabus	Blackboard
Complete by Jan 25 th	Read Class Schedule	Blackboard
Due by 11:59 pm on Sunday, Jan 25 th	Take Class Schedule/ Syllabus Quiz	Blackboard
Due by 11:59 pm on Sunday, Jan 25 th	Take Knowledge Pretest	Blackboard
Due by 11:59 pm on Sunday, Jan 25 th	Review Seahawk Book Bundle	Blackboard
Due by 11:59 pm on Sunday, Jan 25 th	Introduce Yourself	Blackboard Discussion Board
Due by 11:59 pm on Sunday, Jan 25 th	Setup Pearson Mastering Nutrition Account	<i>Available in Mastering Nutrition</i>
Jan 23rd – Feb 20th	Module 1:	
TEXTBOOK READING:	Chapter 1: Overview of Nutrition & Health	<u>Nutrition & Diet Therapy</u> -TEXTBOOK reading assignment
TEXTBOOK READING:	Chapter 3: Carbohydrates	<u>Nutrition & Diet Therapy</u> -TEXTBOOK reading assignment
TEXTBOOK READING:	Chapter 4: Lipids	<u>Nutrition & Diet Therapy</u> -TEXTBOOK reading assignment
TEXTBOOK READING:	Chapter 5: Protein	<u>Nutrition & Diet Therapy</u> -TEXTBOOK reading assignment
** Textbook Chapters do not correspond to Pearson Mastering Nutrition Chapters	** Textbook Chapters do not correspond to Pearson Mastering Nutrition Chapters	** Textbook Chapters do not correspond to Pearson Mastering Nutrition Chapters
Due by 11:59pm on Friday, Feb 20 th	<i>DSM (Ch. 1 What Is Nutrition?)</i>	<i>Available in Pearson Mastering Nutrition</i>

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Due by 11:59pm on Friday, Feb 20 th	DSM (<i>Ch. 2 Tools for Healthy Eating</i>)	<i>Available in Pearson Mastering Nutrition</i>
Due by 11:59pm on Friday, Feb 20 th	DSM (<i>Ch. 4 Carbohydrates...</i>)	<i>Available in Pearson Mastering Nutrition</i>
Due by 11:59pm on Friday, Feb 20 th	DSM (<i>Ch. 5 Fats-Oils-Other Lipids</i>)	<i>Available in Pearson Mastering Nutrition</i>
Due by 11:59pm on Friday, Feb 20 th	DSM (<i>Ch. 6 Proteins & Amino Acids</i>)	<i>Available in Pearson Mastering Nutrition</i>
Due by 11:59pm on Friday, Feb 20 th	Module 1 Discussion Board	Blackboard Discussion Board
Complete on your own.	Module 1 Study Guide	Blackboard
Due by 11:59pm on Friday, Feb 20 th	Module 1 Exam	Blackboard
Module 1 Graded Assignments Due Dates		
Open from 9am Jan 23rd until 11:59pm on Friday, Feb 20th	Discussion Board: Introductions	
Open from 9am Jan 23rd until 11:59pm on Friday, Feb 20th	Discussion Board: Module 1	
Open from 9am Jan 23rd until 11:59pm on Friday, Feb 20th	Assignment #1 due by 5:00 pm (Your One-Day Food Intake using <i>MyDietAnalysis</i> program in the <i>Pearson Mastering Nutrition</i> course. – Read the directions on the assignment link located in Module 1’s folder on Blackboard.	
Open from 9am Jan 23rd until 11:59pm on Friday, Feb 20th	All Module 1 DSM completed in MN by 11:59 pm	
Feb 16th – Feb 20th 9:00 a.m. until 11:59 p.m.	EXAM #1 (Module 1: Over Nutrition & Diet Therapy Textbook Chapters 1 & 3-5) Available	
Feb 20th- Mar 20th	Module 2:	
TEXTBOOK READING:	<i>Chapter 2: Digestion & Absorption</i>	Nutrition & Diet Therapy- reading assignment
TEXTBOOK READING:	<i>Chapter 6: Metabolism, Energy Balance, & Body Composition</i>	Nutrition & Diet Therapy- reading assignment
TEXTBOOK READING:	<i>Chapter 7: Weight Management</i>	Nutrition & Diet Therapy- reading assignment
TEXTBOOK READING:	<i>Chapter 8: The Vitamins</i>	Nutrition & Diet Therapy- reading assignment

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Due by 11:59pm on Friday, Mar 20 th	DSM (<i>Ch. 3 The Basics of Digestion</i>)	<i>Available in Mastering Nutrition</i>
Due by 11:59pm on Friday, Mar 20 th	DSM (<i>Ch.10 Weight Management & Energy Balance</i>)	<i>Available in Mastering Nutrition</i>
Due by 11:59pm on Friday, Mar 20 th	DSM (<i>Ch. 7 Vitamins</i>)	<i>Available in Mastering Nutrition</i>
Due by 11:59pm on Friday, Mar 20 th	Module 2 Discussion Board	Blackboard Discussion Board
Complete on your own.	Module 2 Study Guide	Blackboard
Due by 11:59pm on Friday, Mar 20 th	Module 2 Exam	Blackboard
Module 2 Graded Assignments Due Dates		
Open from 9am Feb 20th until 11:59pm on Friday, Mar 20th	Discussion Board: Module 2	
Open from 9am Feb 20th until 11:59pm on Friday, Mar 20th	Assignment #2 due by 11:59 pm	
Open from 9am Feb 20th until 11:59pm on Friday, Mar 20th	All Module 2 DSM completed in MN by 11:59 pm	
Mar 1 6th – Mar 20th 9:00 am – 11:59 pm	EXAM #2 (Module 2: Over Nutrition & Diet Therapy Chapters 2 & 6-8) Available	
Mar 20th – April 10st	Module 3:	
TEXTBOOK READING:	Chapter 9: Water & the Minerals	Nutrition & Diet Therapy- reading assignment
TEXTBOOK READING:	Chapter 11: Nutrition through the Life Span: Pregnancy & Lactation	Nutrition & Diet Therapy- reading assignment
TEXTBOOK READING:	Chapter 12: Nutrition through the Life Span: Infancy, Childhood, & Adolescence	Nutrition & Diet Therapy- reading assignment
TEXTBOOK READING:	Chapter 13: Nutrition through the Life Span: Later Adulthood	Nutrition & Diet Therapy- reading assignment

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Due by 11:59pm on Friday, April 10 th	DSM (Ch. 8 Minerals and Water)	Available in Mastering Nutrition
Due by 11:59pm on Friday, April 10 th	DSM (Ch. 14 Life Cycle Nutrition: Pregnancy...)	Available in Mastering Nutrition
Due by 11:59pm on Friday, April 10 th	DSM (Ch. 15 Life Cycle Nutrition: Toddlers...)	Available in Mastering Nutrition
Due by 11:59pm on Friday, April 10 th	Module 3 Discussion Board	Blackboard Discussion Board
Complete on your own.	Module 3 Study Guide	Blackboard
Due by 11:59pm on Friday, April 10 th	Module 3 Exam	Blackboard
Module 3 Graded Assignments Due Dates		
Open from 9am Mar 20th until 11:59pm Friday, April 10th	Discussion Board: Module 3	
Open from 9am Mar 20th until 11:59pm Friday, April 10th	Assignment #3 due by 11:59 pm	
Open from 9am Mar 20th until 11:59pm Friday, April 10th	All Module 3 DSM completed in MN by 11:59 pm	
April 6th- April 10th 9:00 am – 11:59 pm	EXAM #3 (Module 3: Chapters 9 & 11-13) Available	
April 10th - May 14th	Module 4:	
TEXTBOOK READING:	Chapter 14: Illness & Nutrition Care	Nutrition & Diet Therapy- reading assignment
TEXTBOOK READING:	Chapter 15: Medications, Diet-Drug Interactions, & Herbal Products	Nutrition & Diet Therapy- reading assignment
TEXTBOOK READING:	Chapter 16: Specialized Nutrition Support: Enteral & Parenteral Nutrition	Nutrition & Diet Therapy- reading assignment
TEXTBOOK READING:	Chapter 17: Food & Food Consistency for Upper GI Disorders	Nutrition & Diet Therapy- reading assignment
TEXTBOOK READING:	Chapter 18: Fiber Modified Diets for Lower Gastrointestinal Tract Disorders	Nutrition & Diet Therapy- reading assignment

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TEXTBOOK READING:	Chapter 21: Carbohydrate-Controlled Diets for Diabetes Mellitus	Nutrition & Diet Therapy- reading assignment
Due by 11:59pm on Fri, May 8 th	Module 4 Discussion Board	Blackboard Discussion Board
<i>Complete on your own</i>	Module 4 Study Guide	Blackboard
Due by 11:59pm on Friday, May 8 th	Major Case Study	Blackboard
Due by 11:59pm on Tuesday, May 12 th	Module 4 Exam (Option #1 or Option #2)	Blackboard

Module 4 Graded Assignments Due Dates

****Please note the due date for the final assignment as well as the availability dates for Exam #4.**

Open from 9am April 11th until 11:59pm Friday, May 8th	Discussion Board: Module 4
**April 24th – May 8th 9:00 am- 11:59 pm	Assignment #4- Major Assignment: Case Study/ Nutrition Assessment due by 11:59 pm
** May 4th – May 12th 9:00 am – 11:59 pm	Exam #4 Option 1- (Module 4: Chapters 14-18 & 21) Available – All students are required to take either Option 1 or Option 2 for Exam #4. Option 1 only covers the materials in Module 4. If you are dissatisfied with your current grade point average for your exams, you may take Option 2. This will replace your lowest exam grade and count as your exam #4 grade. You should NOT take both options.
** May 4th – May 12th 9:00 am – 11:59 pm	Exam #4 Option 2- COMPREHENSIVE FINAL EXAM (Module 1- Module 4) Available – Required for any student who does not have a minimum score of 417 in the course. All other students can optionally take this exam to replace their lowest exam grade.

BIOL-1322 Online Class Schedule: Spring 2026

COURSE EVALUATION:

627-700 = A (89.5+)
 557-626 = B (79.5+)
 487-556 = C (69.5+)
 417-486 = D (59.5+)
 < 416= F

Major Exams (4) (100 points each):	400 points total (possible 20 extra credit points)
Assignments (3) (40 points each):	120 points total

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Dynamic Study Modules (DSM):	20 points total (possible 2 extra credit points)
Discussion Boards:	100 points total
Major Case Study Assignment:	60 points total
Total Points:	700 points